

# Operational Plan Return to Play COVID-19

| Affected people :     | All players, coaches and parents   |  |
|-----------------------|--|--|
| Responsable :         | BNNB Board of Directors  |  |
| Summary Description : | The purpose of this procedure is to establish the responsibilities and obligations of everyone involved in badminton towards the Covid-19 restrictions |  |
| Public Document :     | Yes  |  |
| Adoption Authority    | BNNB Board of Directors  |  |
| Adopted on :          | September 15 <sup>th</sup> , 2020  |  |
| Reviewed on:          |  |  |
| Related Documents :   | Public Health and Badminton Canada   |  |

Since the start of the current crisis related to COVID-19, Badminton New Brunswick has seen a stop to all their activities. Today, we recognize that the situation has evolved and we believe that it will be possible to make a progressive return to play in certain regions, if this return is properly outlined.

If you live in a region where confinement measures have been lifted or modified by government authorities and that indoor and/or outdoor sporting facilities have reopened, we encourage you to start playing badminton again. Badminton is a unique sport which provides many benefits, particularly for people's health and well-being, both mentally and physically.

Inform yourself on the rules and recommendations issued by Badminton New Brunswick (BNNB) and the facility you'll be using. The pandemic is continuing to create its share of challenges and concerns and we therefore believe that it is imperative to take certain precautions to ensure that badminton is being played in a safe environment for all.

Until a vaccine is created, it will most likely not be 'business as usual' and any activity with multiple participants will need to have modifications to allow for safe participation. The most important action the entire badminton community and facilities can take is to fully comply with all directives provided by all levels of Government and health care officials.

BNNB is issuing their 'return to play' Operational Plan. These are based on the Badminton Canada Badminton Facility Planning During the COVID-19 Pandemic document and public health directives from the Province of New Brunswick. If you are a club/schools and want to start playing again, this document will guide you into creating your own operational plan.

# **Players**

### Before playing badminton or entering a badminton club:

- Make sure that your city or region allows badminton play based on the Government authorities'
  criteria for the progressive lifting of confinement measures, and that your
  municipality/school/facility permits the use of badminton courts.
- Fill out the "Declaration of Compliance COVID-19" and return it to you coach/club. You won't be able to play if that document is not signed and returned to your coach/club. This document only has to be filled once at the beginning of the season to participate in your badminton club. Note: if you participate in a tournament, you will be asked to fill the form to enter the tournament.
- Strongly recommend that vulnerable population (i.e. elderly, heart disease, chronic respiratory diseases, compromised immune system, etc.) evaluate the risk on their health before playing badminton or entering a badminton club"
- Don't play if you:
  - Have COVID-19 symptoms such as fever, cough, difficulty breathing or any other symptoms identified by health expert. Please see the list of symptoms mentioned in the following link: <a href="https://www2.gnb.ca/content/gnb/en/corporate/promo/covid-19.html#symptoms">https://www2.gnb.ca/content/gnb/en/corporate/promo/covid-19.html#symptoms</a>
  - Have been in contact with someone who has been diagnosed with COVID-19 in the last 14 days.
  - Have travelled outside the Atlantic bubble the last 14 days.

### Before playing, prepare yourself:

- Wash your hands with soap and water for at least 20 second before going on court or with disinfectant
- Bring hand sanitizer
- Don't share your equipment with your playing partner
- Make sure you have enough water before leaving the house to avoid having to touch a tap or water fountain
- Consider wearing a mask when in the facility; you can remove it properly when playing (https://www2.gnb.ca/content/dam/gnb/Departments/h-s/pdf/MASK.pdf)
- If you cough or sneeze, do so in a tissue or in your sleeve
- Avoid touching door handles, benches and all other objects where the virus could survive. If you touch something, make sure to wash your hands and disinfect the surface you have touched

### **Clubs and Coaches**

### Organizing your badminton club/school team:

- You will have to create your own operational plan which will include the BNNB and the facility guidelines and add the club guideline if necessary
- Be aware of the operational plan of the facility you'll be using
- It is important to always have a hard copy of your plan, BNNB plan and the facility plan with you
- This plan is only applicable in the "Yellow phase" of the province's re-opening plan
- Communicate all hygiene measure in advance to all players/parents

- No parents are allowed in the gym; parents will drop their kids at the facility and will wait for them outside when the practice is over
- Non-playing areas must be arranged to accommodate physical distancing guidelines.
- Encourage players to respect social distancing of 2 meters when possible. If you can't
  accommodate physical distancing, wear a mask; you can remove it properly when playing
  (https://www2.gnb.ca/content/dam/gnb/Departments/h-s/pdf/MASK.pdf)
- Have hand sanitizers available for the players however each player should be encouraged to have their own personal hand sanitizer.
- Have all players fill out the declaration of compliance before entering the gym and keep a list of all players and coaches that are in the facility, with their contact information and your practice date and time and keep it in a safe place.
- Badminton clubs should adhere to the current limit of gatherings as defined by the province
  - Keep uncontrolled indoor or outdoor gatherings with physical distancing at 50 people or fewer
  - Occupancy limits in controlled indoor and outdoor settings should remain at a level which allow for physical distancing. Record keeping for participants is required to facilitate contact tracing
- Please only use the washroom if necessary and be sure to have your face mask on when entering as
  physical distancing may be difficult inside

### **Coaching Staff:**

- The coaching staff will have to ensure all distancing and hygiene protocols are followed.
- If you have any flu or cold-like symptoms (regardless how minor) please stay home. Respect people's concerns and please do not bring them to the club.
- Practice physical distancing of 2 meters between yourself and any players, coaches, or staff. If that distance is not possible, coaches have to wear a face mask.
   (https://www2.gnb.ca/content/dam/gnb/Departments/h-s/pdf/MASK.pdf)
- Participants should come changed and prepared to play to reduce the need for change rooms. The only changing required upon arrival should be your outdoor shoes with your indoor shoes.
- Coaches and participants must wash hands inside the entrance doors of the facility (before entering the gym) and before leaving the facility
- Arrive and leave as close to the scheduled times as possible to reduce your time at the club.
- Loitering, hanging around or chatting at badminton clubs should be minimized.
- Players should avoid touching any surfaces to minimize common contact and touch points (e.g. stair railings, seats, entry doors, benches, nets and posts).

## Plan a practice

- For every practice, the coach/volunteer will be at the door taking attendance of everyone entering the facility. The coach/volunteer have to keep the record of every practice in a safe place and must be ready to provide that list if asked by Public Health.
- To encourage social distancing, there will be a maximum of 4 players per court.
- Players should avoid touching their face with their hands
- Coaches/volunteers must wear a face mask whenever coming within 6 feet of any players
- Players should not change ends between games/matches
- Players should have their own personal hand sanitizer, face mask, face towel and water bottle court side. Players should be directed to disinfect their hands every time prior to grabbing their towel or water bottle.

### Shuttles:

- Players/coaches/volunteers are to be given designated shuttles at the beginning of the practice that are specifically identifiable (ex.: number, color or designated marking on the cork) from all other player/coaches/volunteer's shuttles.
- Coaches/volunteers will keep record of the designated shuttle number or color for every player/coach/volunteer must be kept every practice.
- Players will be assigned to the same tube or tubes of shuttles every practice.
- Players/Coaches/volunteers should wash their hands before and after using their designated shuttles.
- Designated Shuttles can only be physically handled or touched by the person that has been assigned to them.
- o If someone needs to move a shuttle that has not been designated to them then they must use their racquet to move the shuttle.
- Only shuttles specifically designated to players/coaches/volunteers are to be used in the facility. Shuttles that have not been designated to a person must not be used.
- Players will use their designated shuttles for warm-up, drills and matches. Players have to serve with their own shuttle
- If at any point another player will be assigned a tube of shuttles previously assigned to another player the shuttles must be disinfected prior to the reassignment of tubes/shuttles.
   If disinfecting is not possible then the shuttles must remain out of use for a minimum of 72 hours or 3 days between persons.
- o If a coach/player or volunteer touches a shuttle not designated to them specifically then the shuttle must be disinfected or removed from play for 72 hours and the person who made contact with the shuttle must disinfect their hands immediately.
- When a rally ends and the shuttle lands on the receiving team's side of the court the shuttle must be pushed back to the person who just served by using only their racquet to move the shuttle. The server, will then either continue play or place his or her shuttle on the side of the court off the field of play. This shuttle will remain out of play until it is their turn to serve again.
- At the end of practice, all of the designated shuttles will need to be stored in containers/tubes that have a matching number/colour or marking identifiable with the shuttles that are inside.
- The outside of every container/tube containing designated shuttles will need to be disinfected at the end of each practice.

### **Tournament Play**

- All players, coaches, staff members and player must fill out the "Declaration of Compliance COVID-19" before entering the facility/field of play. The organizer must keep these documents in a safe place.
- The maximum capacity will be determined by the facility
- The facility and/or the tournament organizers will determine if parents are allowed or not in the field of play / bleachers
- Only players called to a match, officials, line judges, staff and coaches will be permitted on the field of play
- A hand sanitizing station will be set up by the organizer at the entrance of the field of play as well
  as the draw desk and everyone must disinfect their hands every time they enter or leave the field
  of play
- Staff members on the field of play should disinfect their hands every 30 minutes
- All players must wear their face mask walking to or from their court but will not need to wear the
  face mask while on their designated court
- All staff on the field of play must wear face masks. If the announcer can maintain a 6 feet barrier from all persons during the event, they might be permitted to remove their face mask to call the matches
- A staff member/volunteer shall be at the entrance of the field of play to monitor hand sanitization station and to direct players to their assigned court.
- Players will not proceed in the field of play until they know which court they have been assigned to.
- Players should have their own personal hand sanitizer, face mask, face towel and water bottle
  court side. Players should be directed to disinfect their hands every time prior to grabbing their
  towel or water bottle.
- A Staff member will bring personal designated player shuttles to the courts for the match.
- Players have to use their own shuttle during warm-up and must ensure that they are the only
  person that touched their shuttle
- Each player has to serve with their own personal designated shuttle during the entire match.
- When a rally ends and the shuttle lands on the receiving team's side of the court the shuttle must be pushed back to the person who just served by using only their racquet to move the shuttle. The server, will then either continue play or place his or her shuttle on the side of the court off the field of play. This shuttle will remain out of play until it is their turn to serve again.
- If a new shuttle is needed for any reason the players will remain on court and raise their racquet until a staff member brings them a new shuttle
- Players will not change ends between games/matches
- When the match has ended the players will not shake hands and will gather their equipment and place their face mask on but remain on court until a staff member comes to them to record the match results and dismiss them from the court
- If at any point a player needs to approach the draw desk a face mask must be worn before they leave their court
- All used shuttles remaining after tournament play is finished must not be used for any type of play/practice for 72 hours

### **DECLARATION OF COMPLIANCE – COVID-19**

| Individual Name (print):   |
|--|
| Individual's Parent/Guardian(if the individual is younger than 19 years old)   |
| Email:   |
| Telephone:   |
| WARNING! ALL INDIVIDUALS ENTERING THE FACILITY MUST COMPLY WITH THIS DECLARATION   |
| Badminton Canada, Badminton New Brunswick, and the [insert Club] (the "Club") require the disclosure of exposure or illness is in order to safeguard the health and safety of all participants and limit the further outbreak of COVID-19. This Declaration of Compliance will be kept safely and personal information will not be disclosed unless as required by law or with your consent. |
| The coronavirus disease COVID-19 has been declared a worldwide pandemic by the World Health Organization and COVID-19 is extremely contagious. The Organization has put in place preventative measures to reduce the spread of COVID-19 and requires all individuals (or their parent/guardian, when applicable) to adhere to the compliance standards described in this document.           |
| An individual (or the individual's parent/guardian, if the individual is younger than 19 years old) who is unable to agree to the terms outlined in this document is not permitted to enter the facilities or participate in the activities, programs, or services provide by the Club.  |
| (the undersigned being the individual named above and/or the individual's parent/guardian if the individual is younger than 19 years old), hereby acknowledge and agree to the terms outlined in this document:  |

- 1. The individual has not been diagnosed with COVID-19 **OR** if the individual was diagnosed with COVID-19, the individual was cleared as noncontagious by provincial or local public health authorities.
- If the individual is a front-line worker (such as hospital staff, long term care staff), or other
  individual who interacts with individuals who have confirmed or suspected cases of COVID-19, the
  individual has worn proper and approved Personal Protective Equipment at all times whenever
  they interacted with an individual who has a confirmed or suspected case of COVID-19 in the last
  14 days.
- 3. If the individual is not a front-line worker, or other individual who interacts with individuals who have confirmed or suspected cases of COVID-19, they have not been exposed to a person with a confirmed or suspected case of COVID-19 in the last 14 days.
- 4. The individual is attending or participating voluntarily and understands the risks associated with COVID-19. The individual (or the individual's parent/guardian, on behalf of the individual (when applicable)) agrees to assume those risks, including but not limited to exposure and being infected.
- 5. The individual has not, nor has anyone in the individual's household, experienced any signs or symptoms of COVID-19 in the last 14 days (including fever, new or worsening cough, fatigue, chills

- and body aches, respiratory illness, difficulty breathing, nausea, vomiting or diarrhea, pink eye, or loss of taste or smell).
- 6. If the individual experiences, or if anyone in the individual's household experiences, any signs or symptoms of COVID-19 after submitting this Declaration of Compliance, the individual will immediately isolate, notify the Organization, and not attend any of the Organization's facilities, activities, programs or services until at least 14 days have passed since those symptoms were last experienced.
- 7. The individual has followed the Federal and Provincial government-imposed travel restrictions. If the individual has travelled to any restricted areas after submitting this Declaration of Compliance, the individual will not attend any of the Organization's facilities, activities, programs or services until at least 14 days have passed since the date of return.
- 8. The individual is following recommended guidelines, including but not limited to, practicing physical distancing, trying to maintain separation of six feet from others, adhering to recognized hygiene best practices, and otherwise limiting exposure to COVID-19.
- 9. The individual will follow the safety, physical distancing and hygiene protocols of the Club.
- 10. This document will remain in effect until BNNB or the Club, per the direction of the provincial government and provincial and local public health authorities, determines that the acknowledgements in this Declaration of Compliance are no longer required.
- 11. BNNB and/or the Club may remove the individual from the facility or from participation in the activities, programs or services at any time and for any reason if they believe, in its sole discretion, that the individual is no longer in compliance with any of the standards described in this document.

| Signature:                              | Date:                     |
|---|---------------------------|
| Individual (If 19 and over)             |                           |
| Signature:                              | Date:                     |
| Parent/Guardian (if the individual is y | ounger than 19 years old) |